

## DRINKS

# GRAPE SMOOTHIE

### Ingredients (For 1 smoothie )

- 400 g white grapes
- 1 apple
- 6 mint leaves
- Ice cubes

### Preparation:

Wash the grape, apple and mint leaves.

Core and quarter the apple.

Press the grapes and apple.

Add the mint leaves.

For the mixture into a glass over the ice cubes.

