



## DRINKS

# MIDDLE EASTERN SMOOTHIE

### Ingredients

(For 1 smoothie )

- 1 pinch saffron
- 1 tsp hot water
- 1 banana
- 12 cl milk

### Preparation:

Infuse the saffron in hot water.

Peel the banana.

Blend all the ingredients in a blender.

Serve in a large glass.