



BALANCE

A DELICIOUS DRINK TO ENJOY IN SUMMER

Ingredients (For 4 people)

- 300 g frozen peas
- 2 ripe avocados
- ½ bunch of mint leaves
- 3 green lemons, squeezed
- 1 bunch of coriander

Preparation:

Crush and mix all the ingredients.

Adjust the seasoning with salt and pepper.

Serve with Nachos.

Our tip :

This drink can also be served as a condiment with fish or grilled white meat.