



BALANCE

CREAM CHEESE WITH GREEN PEAS AND BASIL

Ingredients (For 4 people)

- 100 g cream cheese (such as St Môret®)
- 50 g frozen peas
- A few leaves of fresh basil
- Salt and pepper
- 1 pack of crackers

Preparation:

Rinse the peas in cold water to thaw them.

Place them in a bowl and crush them with a fork. Add the cream cheese, one to two pinches of salt, a few turns of the pepper mill, and the finely minced basil.

Mix well and spread on crackers.